# NINO ACADEMY

Will be hosting a workshop on

**Perinatal neuroscience and skin-to-skin contact - The Neuroscience of Birth: Implications for your work and your life**

**Presented by Dr Nils Bergman**

**Ethics topics presented by Annelie van der Westhuyzen**

**About the workshop:**

This workshop will cover the most recent developments in neuroscience, and what these mean for the “first 1000 days” gestation and the first two years, with specific focus on the period around birth. This basic theory is illustrated in clinical studies, evidence-based medicine and “practice points”, which have implication for all health professional’s practices, as well as our personal lives! This extends as far as social and ethical implications; the workshop will include ethical CPD points.

Day 1 will be focussed on the NICU and Day 2 will focus on the Full term infant.

(See attached program)

**Who should attend?**

* Medical practitioners, including obstetricians, paediatricians, neonatologists, psychiatrists, family physicians, general practitioners.
* Any other health care professional working with
  + Pregnant woman (relevant also to childbirth educators, midwives and doulas.)
  + Children of all ages, seen by therapists, psychologists, etc.
  + Premature born infants and neonates in general or with developmental delays
  + Interested parents prepared to follow professional jargon

For more information & to book a space, contact Jill Bergman:

**29 and / or 30 September 2014 – Cape Town**

**6 and / or 7 November 2014 – Johannesburg**

**9 & 10 February 2015 – Durban**

Attend on one or both days

[**jill@ninobirth.org**](mailto:jill@ninobirth.org)

**072 418 2428**

**021 531 5819**

**[](https://www.facebook.com/pages/NINO-Birth/129078773928344?ref=stream)**

***Dr Nils Bergman***

*Dr Nils Bergman qualified in Cape Town, South Africa, He has a Diploma in Child Health, a Master’s degree in Public Health, and a Doctoral degree in Clinical Pharmacology, on the effects of scorpion stings. Nils worked as a mission doctor Zimbabwe from 1998, where he developed and implemented Kangaroo Mother Care (KMC) for premature infant’s right from birth, with dramatic improvement in survival of premature babies.*

*His last employed position was as Senior Medical Superintendent at Mowbray Maternity Hospital: since 2005 he has researched and promoted the cutting edge Neuroscience of skin to skin contact and is an honorary research associate at UCT. He is co-author of the Cochrane review on “Early skin to skin contact” (Moore 2012), and has published 20 peer- reviewed publications on various aspects of newborn and premature care. He consults to hospitals in the USA and Europe and has given keynote addresses on KMC at International Conferences in six continents over ten years.*

***Annelie van der Westhuyzen***

*Annelie qualified in Cape Town, South Africa. She has a Bachelors degree in Speech and Language Therapy, an advanced Diploma in Hearing Aid Acoustics, a certificate in Advanced Health Management and is currently busy with her MscMed in Bioethics & Health law. The topic of her research report is about the legal, ethical and moral implications of not following KMC as a best practice guideline in both the private and public sector of South Africa. Her clinical field of interest is premature infants. She owns Ethics Simplified, a company aiming to provide ethical solutions on day to day ethical dilemmas faced by health care practitioners.*

Banking details (EFT)

**Cost**

**R 1250** per day

**R 1150** per day if attending both days

**Early bird fee\***

**R 1150** per day

**R1050** per day if attending both days

***(\*Early bird fee valid up until 3 weeks before the workshop)***

**“Tendotouch (Pty) Ltd”**

**First National Bank,**

**Claremont Branch 204209,**

**Account 62391509498**

Kindly confirm space availability before making a deposit. Book early as space is limited!

Closing date for registration is ONE week before the workshop.

Please use your “surname first name and City you wish to attend” as reference.

(E.g. Bergman Jill Cpt)

Send payment confirmation and the details below to [jill@ninobirth.org](mailto:jill@ninobirth.org)

|  |  |
| --- | --- |
| **Surname** |  |
| **Name** |  |
| **Profession** |  |
| **HPCSA nr** |  |
| **Email** |  |
| **Cell phone** |  |
| **Date of Payment** |  |
| **Dietary requirements** |  |
| **Attendance First day** | **YES NO** |
| **Attendance Second day** | **YES NO** |

We reserve the right to cancel the workshop at any time without prior notice. In such an event a full refund will be made.

Should you wish to cancel 7-14 days before the workshop, 90% refund will be applicable

Cancellations less than 7 days before the workshop will result in NO refund